

Information from Kakuda City

December 1, 2020

【To Prevent the spread of the COVID-19 infection】

The people infected with the COVID-19 infection are increasing all over Japan.

By November, multiple people had been infected in Kakuda City.

It is important for each person to be careful in order not to increase the number of infected people.

Don't forget to wash your hands and wearing a mask.

If you have a bad physical condition or have a fever, over 37.5 degrees, ask your primary care doctor on the phone and ask the doctor what to do.

If you have never been to a hospital or do not know where to go, please call the "Consultation and Counseling Center" below.

◆Where to call

If you have a primary care doctor...

⇒ Call the doctor and ask what to do.

If you have never been to the hospital, and do not know who to ask...

⇒ Please call the "Consultation / Counseling Center"

☎022-211-2882

☎022-211-3883

Kakuda City New Coronavirus Infection Control Headquarters

If you are not sure about the coronavirus, ask the Health and Longevity Division.

Kakuda City Office Health and Longevity Division ☎0224-62-1192

"5 situations" that increase the risk of infection

Situation 1

Social gatherings with drinking alcohol

- Drinking alcohol improves mood and at the same time decreases attention. In addition, hearing is dulled and it leads to speaking in a louder voice.
- The risk of infection increases when large numbers of people are in a small space for a long time.
- In addition, sharing glasses and chopsticks increases the risk of infection.



Situation 2

Long feasts in large groups

- Long-term meals, dinner receptions, drinking alcohol at night increase the risk of infection compared to a short meal.
- The risk of infection is increased by eating and drinking in a large group of people, for example, 5 or more people, because in groups you have to talk louder and droplets of saliva spread more often.



Conversation without a mask

Situation 3

- Talking at close range without a mask increases the risk of airborne or micro-droplet infection.
- Cases of infection without masks were observed during gatherings in karaoke machines.
- Please be careful when traveling by car or bus.



Living together in a small limited space

Situation 4

- Living together in a small limited space increases the risk of infection because the enclosed space is shared by several people for a long time.
- There have been reports of suspected infections in common areas such as dormitory bedrooms and bathrooms.



Situation 5

Switching locations

- When you move to another location, such as when you take a break in a workplace, the risk of infection may increase due to the feeling of relaxation and changes of the environment.
- Suspicious cases of infection were identified in breaking rooms, smoking areas and changing rooms.

